



## CWAC Cross Country All League Selections 2016

### Boys

1 <sup>st</sup> Team	2 <sup>nd</sup> Team	Honorable Mention
Ethan Green, Ephrata	Adrian Benitez, Grandview	Shea Mattson, Selah
Nate Jensvold, Ellensburg	Lorenzo Alvarado, Wapato	Max Wahl, Prosser
Brigham Cardon, Selah	Andres Keith, Ellensburg	Anthony Sanchez, Toppenish
Daniel Callahan, Selah	Gonzalo Birrueta, Quincy	
Juan Lara, Toppenish	Christopher Lane, Prosser	
Dominic Mathias, Ellensburg	Gideon Bolton, Selah	
Haiden Drury, Toppenish	Chris Urakawa, Selah	

Runner of the Year: Ethan Green, Ephrata

Coach of the Year: Rick Becker, Selah

Team Sportsmanship: Prosser

### Girls

1 <sup>st</sup> Team	2 <sup>nd</sup> Team	Honorable Mention
Ashley Arreola, East Valley	Heikes Bryn, Quincy	Alejandra Clara, Grandview
Uhuru Hashimoto, Ellensburg	Ketra Pope, Selah	Maia Vick-Dishon, Ephrata
Lily Tyrell, Selah	Kaylee Hartman, Selah	Tesslyn Peppernaua, Ellensburg
Leah Holmgren, Ellensburg	Janealle Sutterlict, Wapato	Justice Newhouse, Prosser
Molly Mattson, Selah	Audrey Piacsek, Ellensburg	
Karen Billingsley, Ephrata	Caden Clark, Selah	
Natalie Andreas, East Valley	Kaleigh Dalrymple, Selah	

Runner of the Year: Ashley Arreola, East Valley

Coach of the Year: Kelly Mattson, Selah

Team Sportsmanship: Ellensburg